

# ROASTED ACORN SQUASH

---

*Recipe from [elanaspantry.com](http://www.elanaspantry.com)*

## **Ingredients**

- 1 acorn squash
- 1 tsp. coconut oil
- Ground cinnamon (optional)

## **Directions**

- Using a big hefty knife, cut the squash in half.
- Scoop out the seeds and discard or save for later use.
- Rub inside and out of squash with coconut oil.
- Place face down on a metal baking sheet.
- Bake at 350°F for 40–60 minutes.
- Serve.

